

Check the box that matches how well you agree or disagree with the following statement....	1 Completely Disagree	2 Mostly Disagree	3 Neutral/ Not Sure	4 Mostly Agree	5 Completely Agree
I give public speeches that influence people to think, feel, and act differently.					
I am confident when giving public speeches.					
I am aware of the messages I send based on how I spend my time.					
I am aware of the messages I send based on the people with whom I spend my time.					
I am aware of the messages I send based on how I reward success, failure, and taking risks.					
I am aware of the messages I send based on how I allocate resources.					
I model the stated values of this organization in everything I do.					
I am open and honest in how I communicate.					
I set high standards with colleagues and employees.					
I give frequent, informal feedback so that my team knows what they are doing well and how they can be even better.					
My non-verbal cues, such as posture, facial expressions, and hand gestures, all communicate that I am a leader.					
I am aware of at least five different ways to communicate, based on what is appropriate for the situation.					
I understand at least three different communication styles that other people might have, and how to adapt to their style in order to build rapport.					
People tell me that I am a good listener, one who does not interrupt and works hard to understand other points of view.					
I listen to hear not only the words, but also to empathize with the emotions.					
I understand what it means to "listen with purpose" in order to move the conversation forward.					
I have a strong network of relationships up, down, and across the organization – based on informal power vs. my formal job title.					
When I run meetings, they are efficient, well-organized, and achieve their desired objective.					
I can translate between and among technology, financial, strategic, and political issues – and among the needs of different areas of the organization.					
I am skilled at giving and receiving feedback.					

If you scored a 3 or less on any of these questions, we can help you be even more effective in the way you communicate, and also as a leader in your organization.

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